

Suggested Messaging for Clients

- We're here for you and will continue to be here for you. HCRS will continue to deliver services, just in a different way.
- This time may be scary and/or stressful. You have many strengths and skills you can use right now to make it through. Let's explore those strengths and develop a plan.
- The Crisis number, if you should need it is: (800) 622-4235
- HCRS also has a temporary warm line offering support 7 days a week from 7:30am-10:30pm, reach out if you want more support (800) 917-1622
- This is an excellent time to reach out by phone to safe, supportive friends, family members, and/or community groups.
- The situation (like all situations) is changing, but we are already planning how to serve you no matter what may happen.

(Wise speech guidelines: Is it kind? Is it true? Is it helpful?)

